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| O2logo_colour | banner2  **O2 Information Sheet** |

**What is O2?**

**O2 is a program designed to help high school students make connections between what they’re learning in school and post-secondary programs and career exploration. It’s about preparing students to move to the next phase in their lives. It’s about schools, families and community hosts working together to provide students with opportunities to gain real experience in a real workplace and to help them determine the best career pathway for them whether it is the labour market or post-secondary education and training including community college, private schools or university.**

Valuable Links:

<https://www.ednet.ns.ca/cbl/options-and-opportunities>,

<https://www.hrce.ca/about-our-schools/students/options-opportunities>,

The O2 program is:

* A three year commitment designed to meet the needs of students
* Fully accredited (Regular High School Diploma, O2 Certificate, Workplace Health and Safety Certificate)
* Integrated career education focusing on skills that all employers are looking for in the 21st century
* Community based learning partnerships and the development of a personalized Lifework Portfolio
* A supportive and fun environment where you are backed by a team

**Consider applying if you have ever thought…**

How does what I am learning REALLY matter later in life?

I excel when someone believes in me and sticks with me.

Hard work is worth it because it will result in good things for me.

What am I good at? What can I do with my life?

I would like to learn about careers while in high school.

Picture1

**Sir John A Macdonald O2 students must be:**

**Ethical**

**I am honest, I practice safety guidelines and I behave appropriately, even when others aren’t watching.**

**Trustworthy**

**I am responsible and can safeguard others’ money, products, and privacy.**

**Reliable**

**I complete tasks according to instructions and during the time I am given.**

**Persistent**

**I do what it takes to succeed. I always try to do my best and I ask for help when I need it.**

**Punctual**

**I show up when and where I’m supposed to ON TIME.**

**Ethical**

**I am honest, practice safety guidelines and behave appropriately, especially when others aren’t watching.**

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**How will O2 help me?**

* You will be able to focus on what you are good at, the ways that you learn and what you are interested in.
* You will learn from a diverse group of people and experiences.
* You will have expanded course choices including Community Based Learning and Cooperative Education.
* You will meet all requirements to graduate high school and earn extra certifications that are not available to other high school students.
* You will have a much better understanding of the variety of study options and career choices after high school and of your employability and personal skills and strengths.
* You will have direct access to Youth Apprenticeship, you are given a preferred seat at the Nova Scotia Community College, and you can apply for university. SMU now offers a scholarship to O2 graduates.

**How does O2 affect my options after high school?**

**O2**

**Youth Apprenticeship**

**High School Diploma**

**O2 Certificate**

**Apprenticeship**

**Preferred Seating at NSCC**

**University**

**Okay. I am interested! Now What?**

1. Discuss this opportunity **with your parents**. See what they think.
2. **Invite your parents to the Course Selection information night** @ Sir John A. Stay tuned for the date.
3. **Complete the Options and Opportunities Student Application form** and turn it in to your guidance counsellor.
4. **Expect an interview**. The O2 team will meet with you and your parents to learn more about you.

**Successful applicants will be notified in writing before the end of April**

We look forward to your application to O2, and to working with the twenty students who will call this unique opportunity their own for the next three years.

**Sir John A Macdonald High School O2 Coordinator Contact Information**

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| **John Turnbull** | o. 826-3222 x. 7901114 c.717-8439 | turnbullj@gnspes.ca |